

## PROGRAM POLAGANJA ZA KYU ZVANJA

<i>POTREBNE TEHNIKE</i>	<b>5 KYU</b>	<b>4 KYU</b>	<b>3 KYU</b>	<b>2 KYU</b>	<b>1 KYU</b>
<b>BOGU</b>	Gi, Hakama	*	*	*	*
<b>REIHO</b>	*	*	*	*	*
<b>KAMAE</b>	*	*	*	*	*
<b>ASHI SABAKI</b>	Okuri Ashi Hiraki Ashi Ayumi Ashi	*	*	*	*
<b>SUBURI</b>	Joge Buri Naname Buri Kote, Men, Do	*	*	*	*
<b>KIRI KAESHI</b>	*	*	*	*	*
<b>UCHI KOMI</b>	2xM, 2xK, 2xD	2xM, 2xKM, 2xKD, 2xKMD, 1xM	2xM, 2xKM, 1xKD, 1xMTHM 2xKMD, 1xM		
<b>SHIKAKE WAZA</b>		Harai Waza	Harai Waza Hiki Waza Taiatari Waza	Harai Waza Hiki Waza Taiatari Waza Debana Waza	Harai Waza Hiki Waza Taiatari Waza Debana Waza Tsuki Waza
<b>OJI WAZA</b>		Nuki Waza	Nuki Waza Kaeshi Waza	Nuki Waza Kaeshi Waza Suriage Waza	Nuki Waza Kaeshi Waza Suriage Waza Uchiotoshi Waza
<b>KAKARI GEIKO</b>				*	*
<b>JI GEIKO</b>		*	*	*	*
<b>NIHON KENDO KATA</b>			1-3	1-5	1-7